

# MY CURRENT IDEAL WEEKLY PLANNER™

The reason I will follow this schedule is because I KNOW that it will give me the focus and direction to achieve the goals and dreams I want in my life.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
AM		AM		AM		AM		AM	
LUNCH		LUNCH		LUNCH		LUNCH		LUNCH	
PM		PM		PM		PM		PM	