



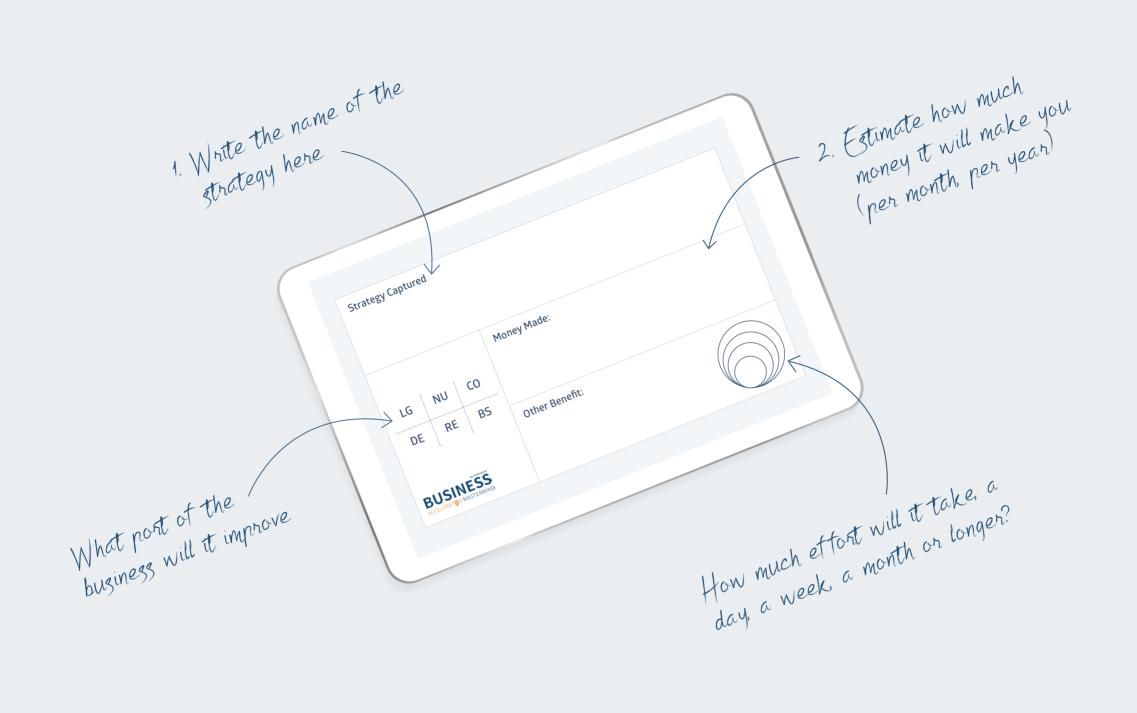
The Positioner ™

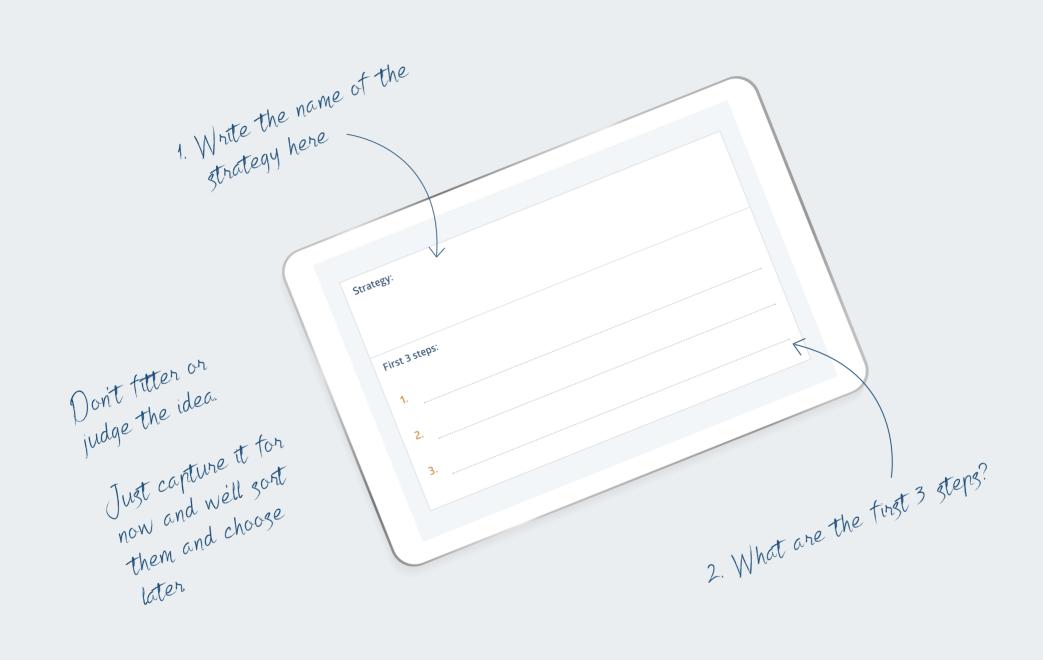
Past		Present		Future			
What are you most proud of?		What are you most confid	ent of?	What are you most e	excited about?		
This intensive What 5 things do you want from this intensive?							
1	2	3	4		5		



Intensive Planner

Purpose I Why I'm here	Agenda I What I want to achieve	Commitment I How I'll play



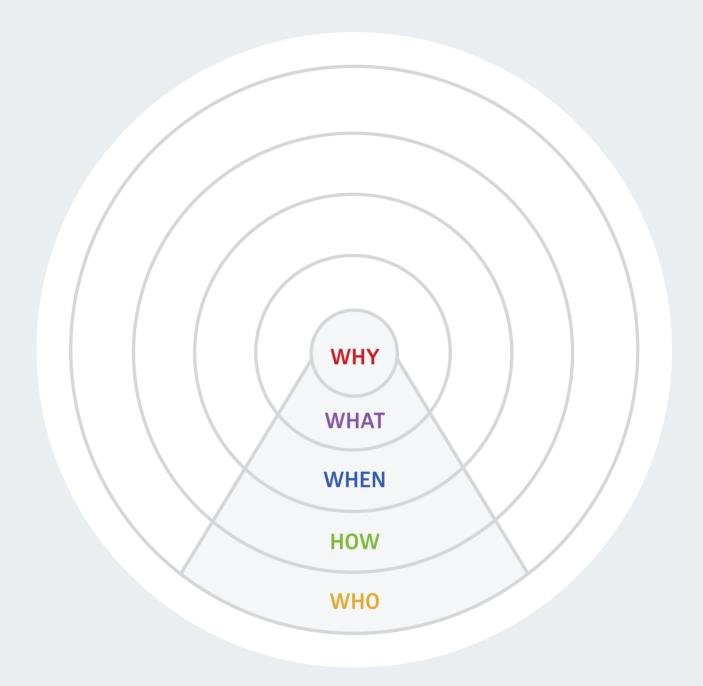








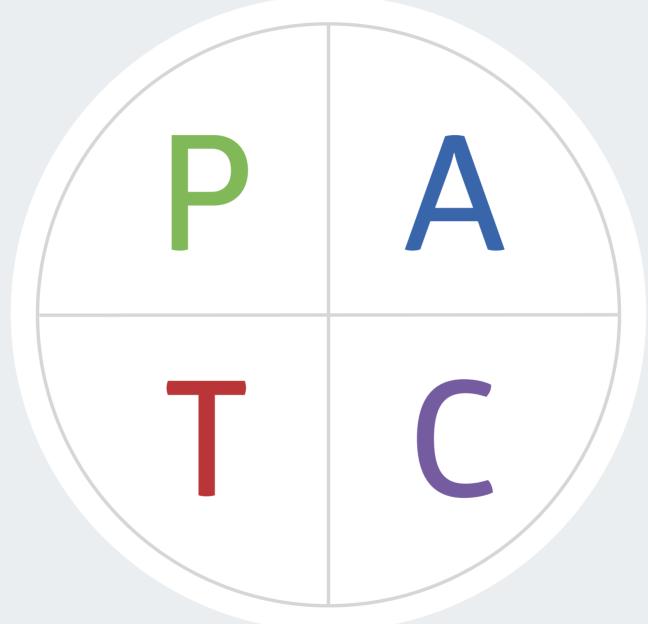
Targets







Targets - PACT

















SMART	PACT		
Good method for short term and long term goals.	Emphasizes more the long term goal with short term actions you can take to achieve it.		
Focuses on the final outcome.	Focuses on the output you can control.		
Breaks down a major goal into smaller goals.	Provides you with a clear plan of what to do to achieve the goal.		
Requires planning after the goal is set.	Requires no planning after the goal is set, you can just get started right away.		

SMART PACT Emphasizes more the long term Good method for short term goal with short term actions you and long term goals. can take to achieve it. Focuses on the output Focuses on the final outcome. you can control. Breaks down a major goal Provides you with a clear plan of what to do to achieve the goal. into smaller goals. Requires no planning after Requires planning after the goal is set, you can just the goal is set. get started right away.