

OWN THE WEEK
SUNDAY NIGHT SESSION



MASTERMIND
BUSINESS ACCELERATOR

SUNDAY NIGHT SESSION



Hi,

The best way to win in your week is to make sure you "own" the week! Owning the week is all about planning and making sure that you are in control of the week rather than it controlling you.

The way I "own" my week is to take 15 to 30 minutes on Sunday night to structure my week ahead. It is a simple planning strategy which helps me to get more done and it will do the same for you. In fact, it is the very strategy I have shared with leading entrepreneurs helping them to gain more money, time and freedom.

To make it even easier and more effective I have designed the attached 'Sunday Session Planner' for you.

Happy Planning
Mark

SUNDAY NIGHT SESSION



MISSION FOR THIS WEEK:

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#1

Priority goal this week:

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Impact:

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#2

Priority goal this week:

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Impact:

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#3

Priority goal this week:

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Impact:

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WHAT I MUST AVOID OR STOP DOING THIS WEEK:

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SUNDAY NIGHT SESSION



PEOPLE:

People I must connect with this week:

1.

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2.

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3.

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PROMISES:

Promises to others I must keep this week:

1.

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2.

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3.

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PROMISES:

Promises to me I must keep this week:

1.

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2.

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3.

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PURPOSE:

My purpose for this week:

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PARTNERS:

Things I must do to improve business partnership this week:

1.

2.

3.

PARTNERS:

Thing I must do to improve life partnerships this week:

1.

2.

3.

PLAY:

What I will do for "play" this week:

1.

2.

3.